



Tel: 07455 009253 / 01639 697910 Website: www.cswales.co.uk

HQ Level 2 Health & Safety in the Workplace

Course Introduction

The Level 2 Award in Health and Safety is a basic level qualification and has become the accepted minimum standard of qualifications for all staff members to hold. Covering all the basics of Health and Safety along with additional material to ensure that all employees are working safely and looking out, not just for themselves, but for all others in the workplace too. This is the ideal starting place for those with no health and safety qualifications, wishing to go onto the IOSH Managing Safety and NEBOSH courses.

Course Topics

- Accidents and Ill Health
- Slips & Trips
- Health and Safety Law
- Assessing Risk
- Substances that can be Hazardous to your Health
- PPE
- Health, Safety and Welfare in the Workplace
- Vehicles at Work
- Fire Safety Requirements
- First Aid Requirements
- Use of work Equipment
- Electricity in the workplace
- Occupational Health
- Noise and Vibration in the Workplace
- Ergonomics in the Workplace
- Manual Handling in the Workplace
- Working at Heights

Course Benefits

Nowadays, as an employer, it is essential that health and safety is taken seriously, and that includes making all staff aware of their own health and safety responsibilities. This is the ideal course to do just that. Also, if you're searching for employment, this qualification will let prospective employers know that you have the potential to be a safe worker.

Assessment Method

30 Question Multiple Choice Exam

Qualification Expiry

1 Year