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HQ Level 3 Emergency First Aid at Work (inc AED)

Course Introduction

The objective of this qualification is to support learners in becoming emergency first aiders in the workplace. The content of the qualification meets the HSE requirements for training emergency first-aiders in those organisations that have identified that staff need to be trained to this level within their first-aid needs assessment.

The qualification covers knowledge such as the roles and responsibilities of the first aider, how to assess an incident and recognising signs and symptoms of injury and illness. The qualification also covers first aid skills in CPR and use of an AED, providing first aid to a casualty who is choking and dealing with external bleeding and hypovolaemic shock.

In line with guidance provided by the HSE, the qualification supports/approves work place first aiders for a period of 3 years, after which point learners will need to retake the course. In addition to this, it is recommended that learners refresh their knowledge annually.

Course Topics

- How to deal with an Emergency
- Infection Control Measures
- The Primary & Secondary Surveys
- Causes of Unconsciousness
- CPR & Safe Use of an AED
- Choking Procedures
- Prevention & Control of Shock
- Bleeding/Wound Management
- Burns Procedures
- The Importance and Completion of Accident Reports and RIDDOR Forms
- Managing Catastrophic Bleeds

POTENTIAL ADD-ONS (available on request):

- Dealing with Forestry Specific Injuries (1 Hour)

Course Benefits

All companies regardless of size and operational risk should have at least one Appointed Person. Although not

mandatory, this qualification is an excellent way of ensuring that Appointed Persons understand their responsibilities within the role. This has led to many organisations making the "EFAW" qualification mandatory to many job roles.

Assessment Method

Practical & Written Assessment

Qualification Expiry

3 Years