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HABC Level 3 First Aid at Work Refresher

Course Introduction

First Aid at Work is a qualification designed to help organisations meet the minimum requirements for First Aiders in accordance with Health & Safety First Aid at Work Regulations (1981). Students will gain the knowledge and skills to effectively perform a wide variety of First Aid procedures in the workplace and deal with almost any emergency effectively until the arrival of professional help.

Course Pre-Requisites

Level 3 Award in First Aid at Work (students must hold an in-date certificate)

Course Topics

- Dealing with an Emergency
- Infection Control
- Primary & Secondary Surveys
- Unconsciousness
- CPR
- Choking Procedures
- Shock
- Anaphylaxis
- Wound/Bleed Management (includes Catastrophic Bleeds)
- Burns Management
- Strokes
- Asthma & Hyperventilation
- Heart Attacks & Angina
- Sprains & Strains
- Diabetes Management
- Seizures & Epilepsy
- Fractures & Dislocations
- Head Injuries
- Crush Injuries
- Chest Trauma
- Amputation Injuries
- The Importance of Accident Reports & RIDDOR Form

- Safe Use of an AED

Course Benefits

Any company regardless of size and risk should have at least one First Aider. Anybody delegated the responsibility of being a First Aider must hold a current "FAW" certificate as a minimum requirement.

Assessment Method

Written and Practical Assessments

Qualification Expiry

3 Years